**St. Vincent de Paul of Alameda County**

**Food and Grocery Services Resource List**

**Alameda County Social Services Offices:**

* North County Multi-Service Center 2000 San Pablo Avenue, Oakland 510-891-0700
* Eastmont Self-Sufficiency Center 6955 Foothill Boulevard, Suite 100, Oakland 510-383-5300
* Medi-Cal Center 8477 Enterprise Way, Oakland 510-777-2300, 800-698-1118
* Eden Area Multi-Service Center 24100 Amador Street, Hayward 510-670-6000
* Fremont Outstation 39155 Liberty Street, Suite C330, Fremont 510-795-2428
* Livermore Outstation 3311 Pacific Avenue, Livermore 925-455-0747

**Home Delivered Meals**

* Alameda Meals on Wheels: 510-865-6131
* Albany: 510-524-9124
* Berkeley: 510-981-5250
* Emeryville: 510-596-3730
* Oakland, Piedmont - SOS Meals on Wheels: 510-460-5855
* Hayward, Castro Valley, San Leandro, San Lorenzo - SOS Meals on Wheels: 510-582-1263
* Fremont, Newark, Union City - Life ElderCare: 510-574-2092
* Livermore - Spectrum Community Services: 925-421-4657
* Dublin, Pleasanton, Sunol - Spectrum Community Services: 925-931-5385
* Homebound and critically ill non-seniors may call Project Open Hand at 510-622-0221. Qualification is based on primary diagnosis and symptoms.

**Grocery Services**

* Mercy Brown Bag: The Mercy Retirement & Care Center’s Brown Bag Program provides a bag of supplemental groceries twice a month to eligible low-income seniors. The bags are distributed at over 40 senior centers, senior housing sites and churches throughout Alameda County. Seniors must pick up foods themselves or send someone in for them. To register and for pickup site information, call: 510-534-8540 ext. 369
* Alameda County Community Food Bank: Provides USDA (Dept. of Agriculture) groceries through many sites in Alameda County. Most distribution sites are through the local faith community. Call the Food Helpline for the site nearest you at 1-800-870-3663 (FOOD).
* City of Alameda Food Bank (serves City of Alameda residents only) Food distribution and food pantry, call 523-5850
* Project Open Hand, Oakland Offices Open to Wellness Program clients from 10-2 Monday thru Friday
* Tri-City Volunteers (serves Newark, Fremont, Union City residents) Emergency Food Baskets and food distribution. Call Fremont office: 510-793-4583
* Call the Area Agency on Aging Senior Information & Assistance 1-800-510-2020 or 510-577-3530.

**Dining Services**

* St. Vincent de Paul 675 - 23rd Street, Oakland 510-451-7676, Tues-Sat 10:45am–12:45pm (closed Sundays, Mondays, and 1st Wednesdays of each month)
* Open Heart Kitchen Go to www.openheartkitchen.org for locations; 925-580-1616 (Livermore, Pleasanton, and Dublin locations)

**Senior Group Dining Services**

* Alameda Mastick Senior Center: 510-747-4503
* AlbanyAlbany Senior Center (4 PM Dinner: M-F): 510-524-9122
* Berkeley
  + North Berkeley Senior Center: 510-981-5190
  + South Berkeley Senior Center: 510-981-5170
* Emeryville
  + Emeryville Senior Center: 510-596-3730
  + J-Sei (formerly Japanese American Services of the East Bay): 510-732-6658
* Oakland
  + The Altenheim Senior Housing (T, Th, F): 510-531-6389
  + Bancroft Senior Home, 510-534-7761
  + Beth Eden Senior Housing (M, W): 510-832-0235
  + Downtown Oakland Senior Center: 510-238-3284
  + East Bay Korean American Senior Service Center (T-SA): 510-763-1879
  + East Oakland Senior Center: 510-615-5731 \* Fruitvale/San Antonio Senior Center: 510-535-6123
  + Hong Lok Senior Center (7th & 11th St. sites): 510-763-9017
  + J.L. Richards Terrace (Th,F): 510-465-9646
  + Northgate Terrace: 510-465-9346
  + North Oakland Senior Center: 510-597-5085
  + Palo Vista Dining Site: (510) 510-562-7538
  + St. Mary’s Center (M-F, Su): 510-923-9600
  + Vietnamese American Community Center of the East Bay (T-F): 510-891-9999
  + West Oakland Senior Center: 510-238-7016
* Castro Valley
  + Kenneth C. Aitken Senior & Community Center (M-Th): 510-881-6738
  + United Methodist Church (T, Th): 581-5073 Hayward
  + Glad Tidings (W): 510-881-0300, ext.222
  + Hayward Senior Center (T-Th, F\*): 510-881-6766
  + Hayward Villa, 27287 Patrick Avenue, 510-785-3663
  + Josephine Lum Lodge: 510-881-0300, ext. 222
  + Salvation Army Center: 510-881-0300, ext. 222

South Hayward Parish (M): 510-881-0300, ext. 222 San Leandro

* + Ashland Community Center (Tuesdays only): 510-881-6755
  + San Leandro Senior Center: 510-825-9793 San Lorenzo
  + Eden Japanese Center (2nd & 4th Th): 510-276-9786
* Dublin
  + Dublin Senior Center: 925-556-4511
* Livermore
  + Livermore Senior Center: 925-373-5764 Pleasanton
  + Pleasanton Senior Center: 925-931-5365
  + Ridge View Commons (Dinner: M-F): 925-484-5131
* Fremont
  + Fremont Multi-Service Senior Center: 510-790-6600
  + Afghan Elderly Association, (W): 510-574-2059
* Union City
  + Ralph & Mary Ruggieri Center: 510-675-5497
  + Tropics Mobile Home Park (T, Th): 510-471-8550