**St. Vincent de Paul of Alameda County**

**Addiction, Health, Counseling, and Domestic Violence Resources**



**2272 San Pablo Avenue Oakland, CA 94612 (510) 638-7600**

* **ALAMEDA COUNTY RESOURCE FINDER**

**Health, Housing & Human Services Information**

Free Multi-lingual Helpline: Dial 211

http://www.211alamedacounty.org/

* **ADDICTION**

**Alcoholics Anonymous**

295 27th St., Oakland

(510) 839-8900

Eastbayaa.org

24-Hour Hotline: 510-839-8900

**Reuniones de AA en Espaňol**

Oficina Intergrupal Hispana Este De la Bahia

4710 International Blvd., Oakland

Hotline Espaňol: 510-502-8560

**Al-Anon and AlaTeen**

(888)-4AL-ANON

(888)-425-2666

www.al-anon.org

Help for people who have, or know someone who has, a drinking problem.

**Cherry Hill Detox**

2035 Foothill Way, San Leandro

24/7 Toll Free Hotline: 1-866-866-7496

Office: (866) 866-7496

**East Bay Community Recovery Project (EBCRP)**

2577 San Pablo Avenue, Oakland

510-446-7180

**East Oakland Recovery Center**

7200 Bancroft Ave., Suite 176, Oakland

510-568-2432

**Narcotics Anonymous**

Meetings offered throughout Oakland: http://naalamedacounty.org/meeting/city/Oakland.html

24/7 Hotline: 510-444-HOPE (4673)

**National Council on Alcoholism and Drug Dependence, Inc.**

(800)-NCA-CALL

(800)-622-2255

Hopeline (24 hours)

www.ncadd.org/

Helpline for finding treatment.

**San Francisco Suicide Prevention:**

Drug Information Line: (415) 362-3400

Relapse Line: (415) 834-1144

PWSS Support Line:(415) 288-7160

TTY: (415) 227-0245

[**Second Chance A**](http://secondchanceinc.com/)**dd[iction Recovery](http://secondchanceinc.com/)**

6330 Thornton Ave., Newark

510-792-4357

**Substance Abuse and Mental Health Services Administration**

(800)-662-HELP

(800)-662-4357

www.samhsa.gov/treatment/

Information on prevention and treatment referrals.

**VA Oakland Behavioral Health Clinic**

525 21st Street, Oakland

(510) 587-3400 or (800) 382-8387

Clinic Hours: M-F 8:00 AM-4:30 PM

Provides full range of mental health and substance abuse treatment services and manages a Homeless Outreach Program and a Compensated Work Therapy Program.

* **DOMESTIC VIOLENCE & SEXUAL ASSAULT**

**Bay Area Women Against Rape (BAWAR)**

24/7 Toll Free Hotline: (510) 845-7273

Address: 470 27th Street, Oakland

Hours: M-F, 9am – 5pm PST (Excluding Federal Holidays)

Office: (510) 430-1298

Email: [bawar@bawar.org](mailto:bawar@bawar.org)

**Elder Abuse**

510-577-3500

1-866-CALL-APS

1-866-225-5277

**The National Domestic Violence Hotline (24 hours; English and Spanish):**

(800)-799-SAFE/(800)-799-7233

www.thehotline.org/

Crisis intervention, information and referrals

**RAINN — Rape Abuse & Incest National Network**

[www.rainn.org](http://www.rainn.org)

  National Sexual Assault Hotline (24 hours):(800)-656-HOPE/(800)-656-4673

Provides free services and help, as well as referrals

* **EATING DISORDERS**

**National Eating Disorders Association**

(800)-931-2237

Helpline (Mon. – Thurs. 9 a.m. – 9 pm;

Fri. 9 a.m. – 5 p.m.)

www.nationaleatingdisorders.org/

Information on eating disorders and referrals for treatment.

* **EMERGENCY HOUSING**

Eden Information & Referral

Phone: 510-537-2552

Bay Area Helpline: 1-800-273-6222.

* **HEALTH AND COUNSELING, SUICIDE:**

**National Suicide Prevention Lifeline**

24/7 Toll Free Hotline: 1-800-273-8255

**San Francisco Suicide Prevention**

Crisis Line: (415) 781-0500

HIV Nightline: (415) 434-2437 or 1-800-273-2437

HIV Textline: (415) 200-2920

* **LGBT+**

**The Family Coalition**

970 Grace Ave., OaklandOR 1385 Mission Street, Suite 340, San Francisco

Phone: (415) 981‑1960

Family Support, Law & Advocacy and Education services for families.

**Pacific Center for Human Growth**

2712 Telegraph Ave., Berkeley

(510) 548-8283

24-hour Counseling Request Line: 510.548.8283 x250

Hosts community drop in hours Mon – Fri: 10 a.m. – 9 p.m.; Sat: 10 a.m. – 4 p.m.

Mental Health Clinic by appointment only; hosts peer group and senior support meetings and an after-school youth program.

* **PREGNANCY**

**American Pregnancy Hotline:**

(866)-942-6466

www.thehelpline.org

Information on pregnancy and options for teens.

**Planned Parenthood Federation of America:**

(800)-230-PLAN/(800)-230-7526

www.plannedparenthood.org

Counseling and referrals.

* **SEXUALLY TRANSMITTED DISEASES**

**AIDS Health Care Foundation**

411 30th St., Oakland

(510) 628-0949

**AIDS Project of the East Bay**

1320 Webster St., Oakland

510-663-7980

Free testing for STDs and Hepatitis.

**Berkeley Free Clinic**

2339 Durant Ave., Berkeley

(510) 548-2570

**Centers for Disease Control & Prevention**

(800)-CDC-INFO

(800)-232-4636 (English and Spanish)

[www.cdc.gov/std](http://www.cdc.gov/std)

Specialists provide health information about STDs

* **GRIEF SUPPORT AND EDUCATION**

**The Compassionate Friends of Alameda County**

4101 Park Boulevard, Oakland

Bereavement meetings the 2nd Tuesday of each month 7:00-9:00pm

**Hospice by the Bay**

180 Redwood Street, Suite 350, San Francisco

(415) 626.5900

Free Drop-In Grief Support Group, Thursdays 12-1PM

**Institute on Aging**

2100 Embarcadero #101, Oakland

Phone: (510) 506-7127

Toll free: (844) 227-3808

Help Line: 415.750.4111 or 650.424.1411.

Toll Free Anonymous Hotline: 855-535-8219

Free Drop-In Grief Support Group, Saturdays 10:30am – 12pm

Drop-in grief group is offered for adults of any age that have experienced loss.

**Kaiser Permanente**

4501 Broadway, Oakland

(510) 752-7757

Regular drop-in for all kinds of loss: Every Tuesday, 6:30 pm to 8:00 pm.

* **SELF-INJURY**

**S.A.F.E. Alternatives**

(800)-DONT-CUT

(800)-366-8288

www.selfinjury.com

Not a crisis line. Information about programs and referrals.

* **YOUTH CRISIS**

**California Coalition for Youth**

www.calyouth.org

Counseling on many issues and referrals to youth needing assistance.

**California Youth Crisis Line (24 hours)**

(800)-843-5200

**National Runaway Safeline (24 hours)**

(800)-RUNAWAY/(800)-786-2929

www.1800runaway.org/

Crisis intervention to work through problems and find a plan of action.

**Planned Parenthood Info for Teens**

plannedparenthood.org/info-for-teens/

Online chat for information.

24/7 Helpline: (800)-300-1080 (24 hours; English and Spanish